

CANADIAN DANCE TEACHERS' ASSOCIATION



Newsletter



Happy Spring to all!

I hope that you are finding sometime for you during these very busy times.

CDTA has so many fresh and inspiring initiatives on the horizon. From updated resources to new opportunities for professional growth, this is the perfect time to stay connected and stay informed.

We hope to see many of you at the Toronto or Calgary Dance Teacher Expo—two fantastic chances to learn, network, and celebrate the art of teaching dance together.

Wishing you all the best as competition season comes to an end and as you prepare for your year-end recitals.

May your dancers shine, your creativity flourish, and your hard work be rewarded with proud moments and joyful memories.

Warmest wishes for a bright and successful end of the season.

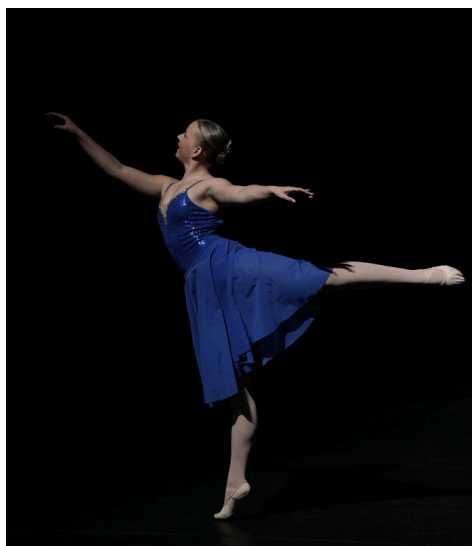
Julie Dionne

Honourary Member
CDTA Website/Media Director
Public Relations

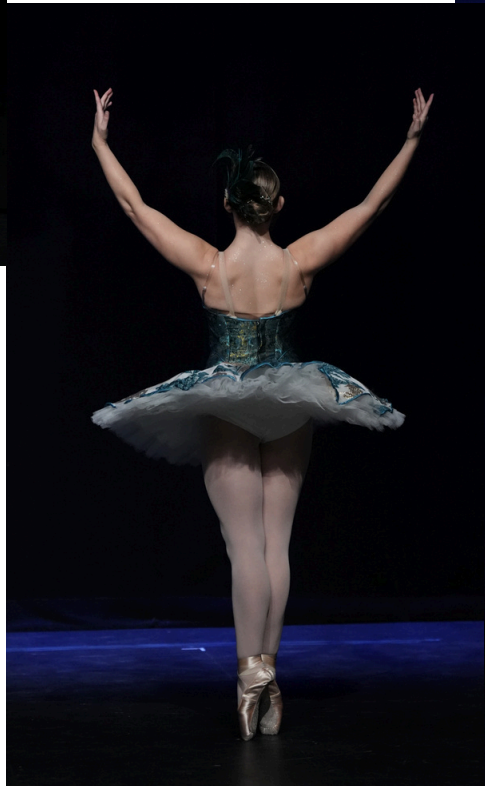


HELLO!

from our
2026 CDTA AMBASSADOR



Miss Georgia
enjoying Dance
Competition
Season!



In Memoriam

*Remembering those
who have left us.*



Sandra Purdy

a beloved

CDTA

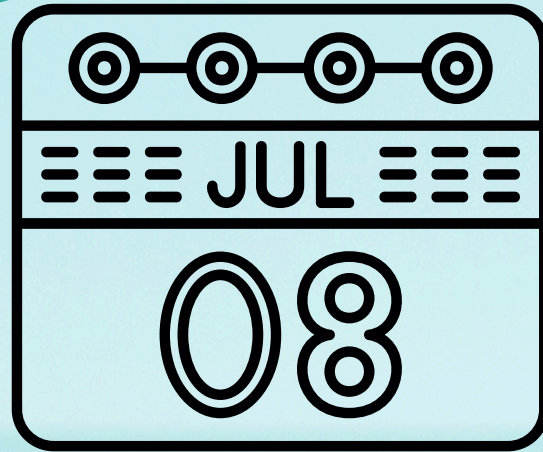
Ontario Region

Member





SAVE THE DATE



2:00 PM (BC)
3:00 PM (AB/SK)
4:00 PM (ON/QC)
5:00 PM (ATL)
5:30 PM (NL)

Be an active member!

Give us an hour of your time!

Zoom link will be emailed closer to the date

NEW

NOTIFY YOUR DANCERS

CDTANATIONAL.CA

For Dancers Only

For Dancers Only is a dedicated space designed just for you to support your growth and learning as a dancer. Here, you'll find webinars, articles, and a wide range of valuable information shared by the CDTA, all aimed at helping you further your dance education. Take advantage of this opportunity to expand your knowledge, stay connected with the dance community, and enhance your skills through the resources made available exclusively for dancers.

Enter

WE HAVE A PAGE FOR THEM!

- monthly affirmation
- monthly dance clip
- Did you know?
- Name this famous dancer.
- Upcoming Webinars/Courses
- CDTA Ambassador 2026 Corner



NO MORE GST

Barbara Dearborn, an Executive Board Member, represented the CDTA in Ottawa. CDTA is working for educational dance classes to be EXEMPT.

Choose the Path That Fits
Your Schedule
Option A: Condensed Program
Option B: Full Season Program



Be the Best Student Assistant!

Join the CDTA Student
Assistant Training Program for
the 2026-27 Season!



\$275.00 (Discounted Group Rates for Members)

Limited Registration

Visit CDTANATIONAL.CA for more information & to register

2 OPTIONS AVAILABLE

Condensed Course
July 22, August 19 and September 13

or

10 month session
Sept-June



REGISTER NOW

Become a CDTA Certified Teacher



- Professional certification in only 10 or 12 months



Pilot Project for Tap & Jazz

Take advantage of our 1st Year Discounted Prices

**All information will be posted on
Monday April 20th**





Join the CDTA Hip Hop Studies Crew

COLLABORATE

SUPPORT

ENGAGEMENT

September 2026-August 2027



LEARN, CREATE AND CELEBRATE HIP HOP
TOGETHER!

cdtanational.ca

Monthly Session

Only \$220.00

Register for our New Season!





Great OPPORTUNITY

FOR OUR MEMBERS

Intro to Pilates for Dancers

May 13th



**INSTRUCTOR
CERTIFICATION
COURSE**

**CDTA MEMBERS GET
50% OFF
FOR A LIMITED TIME!**

**VISIT PILATESFORDANCERS.CA FOR
INFORMATION & REGISTRATION**



Great OPPORTUNITY

FOR OUR MEMBERS

Virtual Tap Class with Miss Julie

Wednesday June 10, 2026

Exclusive for Dance Teachers

10:00AM BC

11:00AM AB/SK

12:00PM SK

1:00PM ON/QC

2:00PM ATL



Summer Sparks

Webinar



Ignite Creativity & Inspire
Meaningful Preschool
Dance Experiences.

Join Us



Presented by:





TORONTO
dance
TEACHER EXPO



Join us
July 28, 29

**Attend our class or visit our
booth for a chance to WIN!**



CALGARY
dance
TEACHER EXPO



Join Us
August 11-12

**Attend our class or visit our
booth for a chance to WIN!**



From the Desk of our Exam Registrar...

April greetings to all members!

Our 4th year of conducting examinations under the “national” umbrella is almost complete. The May/June session of exams promises again to be a very full one, with over 40 studios entering over 1300 student examinations.

Best of luck to all teachers who are preparing their students for these exams!
We will also be conducting 3 professional exams from now to June.

Our next deadlines for exam entries are:

- * 6 weeks prior to requested exam date - for exams to be held Jul 1-Oct 15.
- * September 1 - for exams to be held from Oct 15-Nov 14.

Entering exams next year...

Soon our new Exam Portal will be open to teachers to use entering exams. Currently, the Office Team is creating studio profiles and entering student info from the 2025-2026 exam sessions. This will assist teachers as they enter exams in the new 2026-2027 exams sessions. But no worries... this summer we will be sharing detailed instructions as to “how-to enter exams” using our new Exam Portal. I would like to thank Julie Dionne and Paulette Puetz for the time they spent with our website developers to make this new online exam entry possible.

There are still a few kinks to work out, but we are 99% done!

New CDTA Student Examination Handbooks will be coming out on August 1 to reflect all the changes to student examination entries, including updated exam entry fees. Please be on the lookout for that!

Adaptive Assessments...

This past exam session, a few teachers entered students in adaptive assessments for the first time. The examiners were very happy to be able to have this new system included in the evaluation of students.

If you have any questions, please email me at exams@cdtanational.ca

I am always here to help!

Wishing you a fantastic end to your 2026 dance season
and a restful, but rejuvenating, summer ahead!!

Melody L. Drewitz-Van Veen, CDTA-HM, B.ED., RAD RTS
CDTA Exam Registrar
National Past President

Health & Wellness & Professional Development Committees Update

Health & Wellness + Professional Development Committee Update

As we move through April, our Health & Wellness Committee is excited to bring members together through our Step Challenge on the BAND app!

This month, we're cheering one another on as we enjoy the physical, mental, and emotional benefits of increasing our daily steps. If you haven't yet joined our monthly challenges, we warmly invite you to be part of this supportive and motivating community. It's a wonderful way to stay connected, inspired, and engaged with fellow members.

Join the challenge here:

<https://www.band.us/n/adafb7HcBbQ87>

Looking ahead, we're have a couple of great events coming up from our Professional Development Committee:

Free Virtual Tap Class for CDTA Members

Wednesday, June 10

Join Ms. Julie for a free virtual tap class exclusively for CDTA members! This is the perfect chance to do something just for yourself, keep moving, and connect through dance from wherever you are.

Sustainable Leadership: Interactive Workshop with Lina Lewis

Date: TBA

This hands-on workshop is designed for dancers ready to step into leadership with confidence and purpose. Through meaningful conversations and interactive activities, participants will explore how to lead others, show up authentically, and create a positive impact—both in the studio and beyond.

Finally, we encourage all members to continue nominating a CDTA teacher for our monthly Member Spotlights. These thoughtful recognitions go a long way in celebrating and supporting member wellness while shining a light on the incredible work happening across our community.

Submit a nomination here:

https://docs.google.com/forms/d/e/1FAIpQLSdBYdRnj8QlpnQwMnbWssFgjRPLkhYZQaf1aWyKCiY14FZz-Q/viewform?mc_cid=63182351b0&mc_eid=c470225858

We look forward to connecting with you and continuing to support our vibrant teaching community.





Fun Things to Do in the Spring

- Go for a nature walk and look for the first signs of blossoms, birds, and greenery.
- Visit a local farmers' market for early produce, flowers, and handmade treats.
- Have a spring picnic — even a simple blanket and snacks feel special after winter.
- Plant flowers or herbs (or start them indoors if it's still chilly).
- Do a spring studio refresh — new playlists, fresh décor, or a themed class.
- Take photos of spring blooms for social media, newsletters, or just for fun.
- Try a new outdoor activity like biking, paddleboarding, or hiking.
- Host a spring-clean challenge at home or in the studio.
- Visit a botanical garden to soak in colour and inspiration.
- Go for ice cream — because the first warm-weather cone is always the best.
- Have a “spring reset” day with journaling, planning, or goal-setting.
- Attend a local event or festival (spring fairs, art walks, outdoor concerts).
- Do a neighbourhood scavenger hunt with kids or dancers.
- Open the windows, play music, and dance around the house — instant mood boost.
- Take a day trip to a nearby town, lake, or scenic spot.
- Try a new recipe using spring ingredients like berries, asparagus, or fresh herbs.
- Create sidewalk chalk art — simple, colourful, and surprisingly fun.
- Watch the sunset — spring evenings hit differently.
- Start a gratitude or photo journal to capture the season's little joys.
- Plan your summer adventures — trips, workshops, expos, or studio projects.

Below coloring page to download, share or to colour



Support our CDTA Business Affiliates

If you wish to have your
business join the
association, click here.
For only \$115.00 you
receive
4 ads per season to help
you connect with dance
teachers and dancers from
coast to coast.




CDTA BUSINESS AFFILIATES

Promote Your Business Coast to Coast



Business Affiliates 2025-2026





Fine arts program integrating
dance, music, visual arts, and
stories

FOR PARENTS

FOR EDUCATORS

About Childhood Expressions™

Childhood Expressions™ Fine Arts Program was developed by our founding directors, Jane Davis-Munro and Lynda Johnson, and has been a trusted neighbourhood program for the past 40 years. The program is rooted in their joint expertise on the teaching of dance and art to children. Jane also contributes her work as a Certified Early Childhood Educator to ensure that this program works in conjunction with healthy practices of childhood development and strong principles on working with children to encourage their growth as individuals and bringing their unique spirit to each class.

Holding a free session for Members
“Summer Sparks” June 16



CLICK HERE

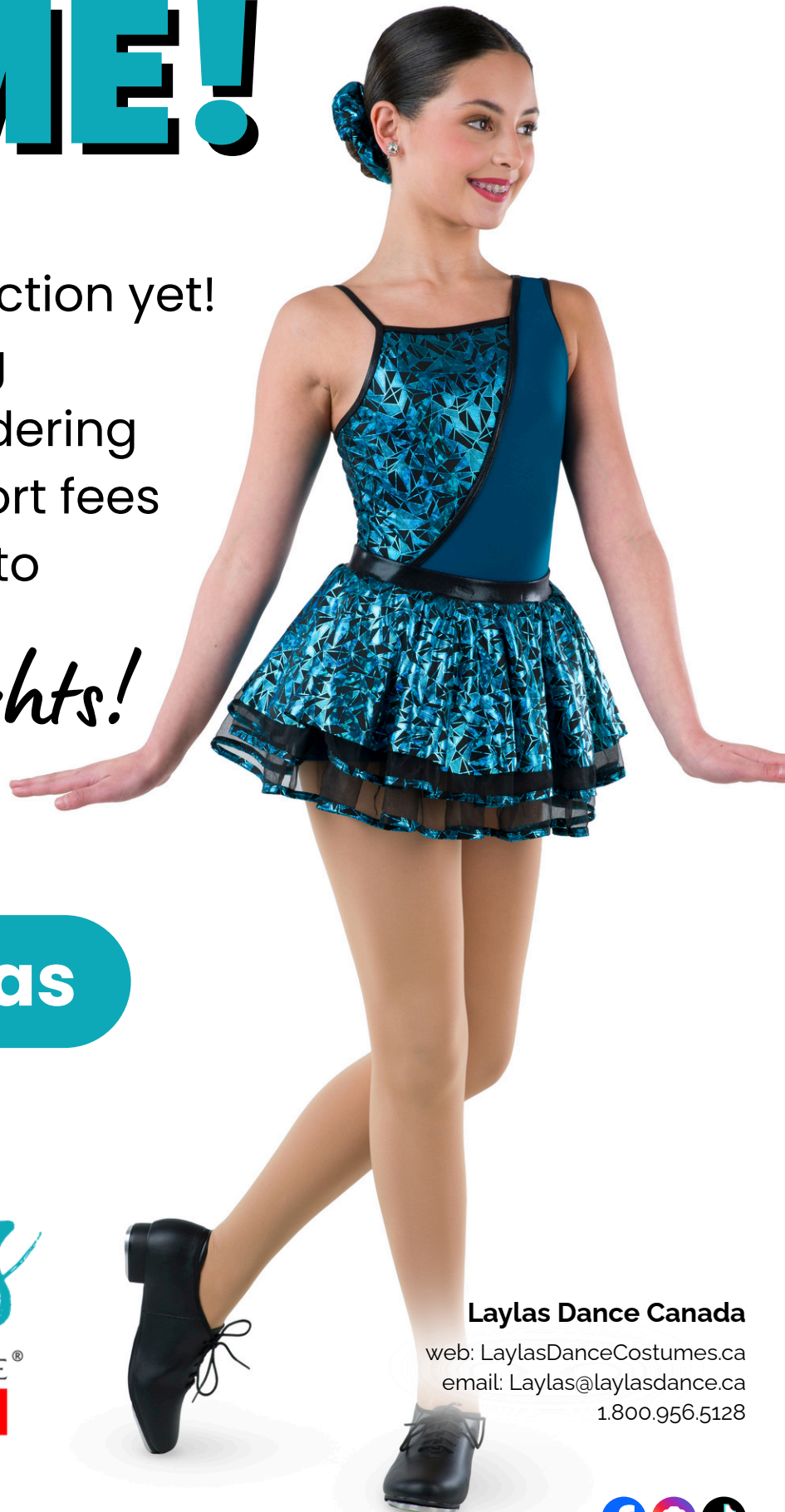
It's **RECITAL TIME!**

- Our biggest collection yet!
- Canadian pricing
- In-stock, easy ordering
- No duties or import fees
- Ships from Toronto

Don't forget tights!

Shop Laylas

Laylas
DANCE®

Laylas Dance Canada

web: LaylasDanceCostumes.ca

email: Laylas@laylasdance.ca

1.800.956.5128

Canadian owned, Canadian values, Canadian focus



For a
Successful

2026

place your order with

JAZZAMATAZZ
DANCE COSTUMES BY DESIGN



We are 100% Canadian!

3 Collections
to choose
from

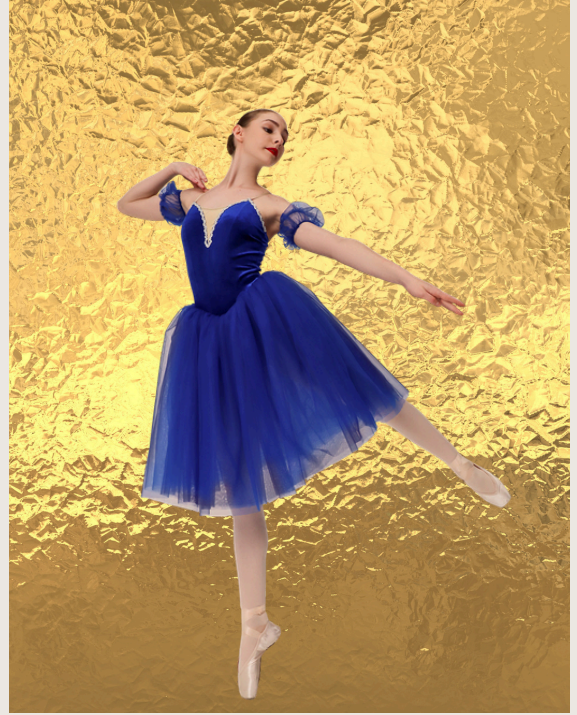


[VISIT NOW >](#)

RECITAL SEASON WITH


Stardom Dance Costumes

Over 1000 costumes in-stock and ready to ship



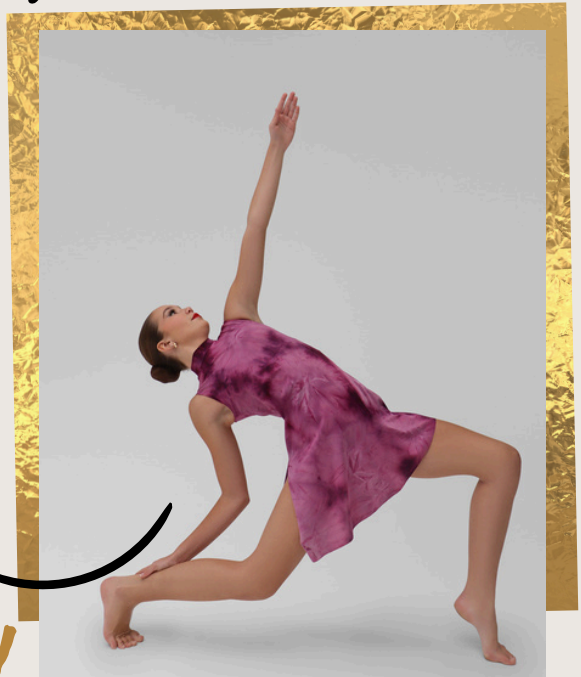
Empress

Tresor

Don't forget
your
Stardom
Tights!



Ada Berry!



Support For Studio Owners Who Do It All

Running a studio takes heart, hustle – and a whole lot of behind-the-scenes work. You're teaching, managing, planning, answering parent emails, keeping up with payments... and trying to stay inspired through it all.

I'm Debra Cadrain – studio advisor and business consultant. I help studio owners simplify their operations, improve financial clarity, and build a business that supports them.

Whether you are in year one or year thirty, you don't have to do it all alone.



Debra Cadrain, B.Comm., B.A., CIM
Business Consultant
Certified in Management (CIM),
Canadian Institute of Management

Ways We Can Work Together:

- ✓ *Bookkeeping & financial reviews*
- ✓ *1:1 consulting & coaching*
- ✓ *Studio operations support*
- ✓ *Customized sessions - what you would like to achieve*

Book a 1:1 Check-In or reach out for a complimentary discovery call.

 [EdgeBusinessConsulting.ca](https://www.EdgeBusinessConsulting.ca)

 debra@edgebusinessconsulting.ca

"Debra's insight and support have helped me grow my business beyond expectations and regain balance in my life." Studio Owner in Ontario



Meaningful. Knowledgeable. Successful.

FINANCIAL & RETIREMENT PLANNING

GROUP BENEFITS
PERSONAL HEALTH INSURANCE
LIFE INSURANCE
CRITICAL ILLNESS INSURANCE
INVESTMENTS

**For more information contact us at:
306 - 347-0090 Ext. 2225 or at
MKS.Financial@sunlife.com**



PILATES
FOR DANCERS™

INSTRUCTOR CERTIFICATION COURSE

**CDTA MEMBERS GET
50% OFF
FOR A LIMITED TIME!**

**VISIT PILATESFORDANCERS.CA FOR
INFORMATION & REGISTRATION**



LET'S GET **SOCIAL**

Social media strategy, creative marketing, and engagement expertise.

With over 30 years of experience in the industry of dance studios, competitions, and professional live performance, creative director, Tyrell Witherspoon, delivers social media strategies that speak to your audience and clientele.

Book your **FREE Meet & Greet** consultation today and learn how The Social Approach can be your perfect duet partner this dance season.



tyrell@thesocialapproach.net

[@_thesocialapproach | thesocialapproach.net](https://www.thesocialapproach.net)

dance champions

Dance Champions is a
new solo, duo, and trio
competition in Toronto.

February 16 - March 13 & May 4 - 29 2026
Toronto Don Valley Hotel (DVP & Eglinton).

COMPETITION DETAILS

UNLIMITED ENTRIES

Enter as many routines as
you'd like, and perform each up
to five times every month.

DIVISIONS

Mini (≤ 8), Junior (9-11), Teen (12-14),
Senior (15-18), University/Adult (19+).

DISCIPLINES

Jazz, Contemporary/Lyrical, Hip Hop,
Ballet, Tap, Open. Full Time, Part Time
and Novice categories.



**REGISTER FOR THE
PARTNER PROGRAM**
Before December 1st

The Dance Champions Partner
Program **compensates dance
teachers, choreographers
and studio owners**, creating
a new and meaningful source
of studio ROI.

Dancer registration
begins December 17th.

DANCECHAMPIONS.COM

20

KICK IT UP

DANCE COMPETITION

Dance with us in 2027!

NEW FOR 2027:
Guaranteed
3-day events
**at specific locations*

March 26-27
Blue Mountain, ON
Niagara Falls, ON

April 8-11
Hamilton, ON
Gatineau, QC

April 22-25
Calgary, AB

April 30-May 2
Blue Mountain, ON

May 7-9
Blue Mountain, ON
Niagara Falls, ON

May 13-16
Blue Mountain, ON

May 27-30
Blue Mountain, ON
Niagara Falls, ON

**OVER 20 YEARS OF
DANCE EXCELLENCE
& FAMILY FUN!**

www.kickitup.ca

