

Licentiate



CDTA MODERN PROFESSIONAL EXAMINATION MANUAL

Steps to Achieving Licentiate Professional Qualification



1. Join CDTA as a Pre-Associate/Affiliate and review exam prerequisites (Login as a member on our website to download the "Professional Examination Handbook")
2. Begin study of Technical Training by attending Syllabus Intensive and Teacher Development Courses (TDC) and reading suggested materials. Secure a mentor/teacher to assist with your exam preparation.
3. Submit Exam Entry Form (with Biography) to Exam Registrar
4. Prepare all Written Work to send to Examiner (include Biography) (Anatomy, Musical Terms, History Essay and Detailed Lesson Plans)
5. Video your classes and choreograph two short combinations in contrasting musical styles to present to Examiner on Exam Day.
6. Send all written work and class video link to Examiner two weeks prior to Exam Day
7. **Exam Day!!!:** Meet with Examiner (in-person or virtually-approximately 1.5 hours) for final assessment and evaluation

BIOGRAPHY

Please include:

- *Years of Training
- *Teaching Experience
- *Certifications
- *Future Goals

Please submit this bio to the Exam Registrar with your exam entry form, as well as forward it to Examiner with your Written Work

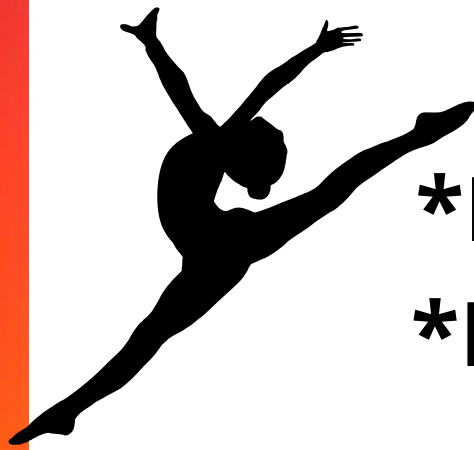
Licentiate Candidates must
attend both the Junior and Senior
Intensives



**CDTA Annual
Syllabus
Intensive for
Teachers**

**Visit
www.cdtanational.ca for
more information**

All Candidates must attend our
"Teacher Development Courses"
(TDC)



- *Anatomy**
- *Dance History**
- *Music Rhythm**
- *Pedagogy**

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www.cdtanational.ca for
more information



Technical Knowledge

Please be familiar with the following concepts as applicable to dance:

Coordination

Opposition

Dynamics

Correct Weight Placement

Interpretive/Improvisation (Solo or Group)

Licentiate Candidate will prepare and teach two **non-syllabus** classes at the Level 3 (approx. 45 minutes) and Level 5 (approx. 1 hour)

Classes will be pre-recorded and video links emailed to the Examiner two weeks prior along with the written lesson plans.

Licentiate Candidates are required to have full knowledge of the **CDTA Junior & Senior Modern Syllabi (Level 1-5)**. (*Terminology, Glossary, Floor work, Warmup, Barre Exercises, Centre Work, knowledge of how to teach Interpretive/Improvisation*).

Video files and **Syllabi** for each grade are available from the CDTA National website to assist you in mastering the Terminology and Syllabus work required for your examination.

CDTA “**Terminology Tutorials**” are also offered periodically by Zoom.

On Exam Day, the Examiner(s) will ask for some items from the glossary and approximately three exercises per grade to be counted, demonstrated and danced. May be asked to demonstrate to music.

The Candidate will be asked to explain the terms used in those exercises and give teaching tips for them. Candidate should be prepared to describe the purpose of an exercise and the development of steps or concepts throughout the levels.

Additional info listed on pages 6, 11, 12, 14, 15, 16 & 18. (Total time = 1.5 hrs)



Detailed Lesson Plans

For each of the classes you prepare and video, you will need to write a detailed lesson plan. Each should include the following:

- counts for each exercise with time signature
- music that you have selected (it is recommended that you choose a slow, medium and fast tempo for each exercise)
- exercises for Floor Work, Warm Up, Barre Work, Centre Work, Small and Large Jumps, and Interpretive/Improvisation”
- the “why-what-where” for every exercise. Include: Why are you doing this exercise? What you will look for? Where you will go with this exercise (next progression)?

Please note that you must use CDTA terminology throughout.

The more you include in your lesson plan the better!

The TDC Pedagogy Course will provide more information on how to plan a class and what to include in different types of lesson plans.



Anatomy



Anatomy

Please answer the questions below, using an anatomy reference as needed (suggested reference listed in Appendix).

1. Briefly describe the components of proper alignment.
2. Define flexion, extension, abduction and adduction.
3. In what position are all your joints flexed?
4. How do you correct a Hyperextended lumbar spine?
5. Why are the abdominal muscles so important?
6. What effect does the gluteus maximus have on the hip?
7. Describe proper alignment of the knee with the hip, ankle and foot.
8. Why do knee injuries usually occur?
9. Why is dancing on a sprung floor important? If such a floor is not available, what could a dancer do?
10. What is the proper alignment of foot and ankle when standing on whole foot.?

Please forward all your written material to the Examiner
two weeks prior to your Exam.

On Exam Day, Examiner(s) will ask two questions based on our TDC “Anatomy Course” (chosen from list below), and on elements observed after viewing Candidate’s submitted videoed classes.

TDC Anatomy Questions

1. What is the diaphragm and what important role does it play for dancers?
2. What establishes turnout?
3. Explain why core strength is so important to dancers and name some of the core muscles?
4. What is pronation of the foot?
5. What role does the pelvis have in achieving efficient and productive turnout?
6. Where are your hip adductors and what are they responsible for?
7. Where are your hip abductors and what are they responsible for?
8. How do you explain proper posture to students?
9. What is the proper alignment of the spine and body when standing?
10. What is hyper mobility?
11. How many joints and bones are in the feet?
12. Name some bones in the foot?
13. How are injuries prevented?
14. Why is temperature an important factor when stretching?

Be prepared to offer suggestions on how you can help students with the following anatomical problems:

“Observe and Guide”

- *Rolling Feet
- *Turned in feet
- *Lack of using plié
- *Shoulder blades protruding like wings
- *Shoulders are tense and raised
- *Difficulty staying up on balls of feet when required
- *Limited flexibility
- *“Sitting” into the standing (supporting) hip
- *Hyperextension (legs, back, arms)
- *Protruding ribcage
- *Twisting arabesque

Of course, there are many other problems that may arise; these are just some common examples.



Music



Music

A Dance Teacher should have knowledge of the following Musical Terms. Please define the terms listed below.

Whole Note
Half Note
Quarter Note
Eighth Note
Sixteenth Note
Rest
Triplet
Time Signature

Measure/Bar
Tempo
Accent
Cross Phrasing
A Cappella
Canon
Syncopation
Tacit Time
Stop Time

Please forward all your written material to the Examiner
two weeks prior to your Exam.

On Exam Day

... the Examiner(s) will ask two questions based on our TDC “Music Rhythm Course” (chosen from list below), and on elements observed after viewing candidate’s submitted videoed classes.

... the Examiner(s) will ask Candidate to perform their own prepared choreography. Candidate must select two time signatures from the list below and choreograph 16 bars of each and perform them.

... the Examiner(s) will play a piece of music in one of times signatures from the list below. Candidate must recognize the time signature.

Time Signatures

2/4

4/4

3/4

5/8

6/8

7/8

TDC Music Questions

1. Musical notation has changed and developed over the centuries. Describe the form of musical notation used by many musicians today, often referred to as “modern musical notation”.
2. What is the purpose of a “time signature” in music? Give a sample of one and describe what each number in it means. Clap and count that time signature.
3. What is meant by “tempo” in music? Name one musical term that indicates a certain tempo and explain what it means.
4. Name a musical term based on a type of dance. Describe it.
5. Name two musical terms that relate to the volume music is played at.
6. How is “shading” created in music?
7. Explain “syncopated rhythm” in music. Clap two bars of music that include an example.
8. Explain “triplet rhythm” in music. Clap two bars of music that include an example.
9. What is meant by an “anacrusis” in music? Name a dance step that begins with one.
10. What is the purpose of a “metronome” in music and dance?
11. What is meant by an “uncommon time signature”?



HISTORY

On Exam Day, Examiner(s) will ask two questions based on our TDC “History Course” (chosen from list below), and on elements observed after viewing Candidate’s submitted videoed classes.

TDC Modern History Questions

1. How did modern dance evolve?
2. What are the 3 different eras of modern dance?
3. Where is the birthplace of modern dancing?
4. Who were some pioneers of the early modern period?
5. Who were some pioneers of the central modern period?
6. Who were some pioneers of the late modern period?
7. Who developed defined training methods and vocabularies?
8. What are some elements of modern dance?
9. What modern dancer and choreographer was named Time’s Magazine Dancer of the Century?
10. What modern artist has influenced you and why?

Essay on Modern Dancing

Candidate is to write an essay, 3-4 pages long
(double-spaced and in font 12)

Essay is to include:

- Some Modern dance history of two specific decades
- Names 2 or 3 famous Modern dancers, past and present, with info on each
- Current trends in Modern
- Who has influenced you?
- Any other modern-related info you may wish to add

Bibliographies must be included.



Choreography & Stagecraft

On exam day, you will be asked questions on choreography and stagecraft, similar to the samples listed below:

How would you create a dynamic piece of choreography?

List ways to make it more interesting.

What are different levels that you can use?

What is age appropriate?

List some different formations?

Appendix - Additional Reading Material

Introduction to Modern Dance Techniques
ISBN 9780871273253

Conditioning with Imagery for Dancers by Donna Krasnow
ISBN- 9781550772074-

Motor Learning and Control for Dance by Donna H. Krasnow
ISBN 9781450457415

Dancer Wellness by Mary Virginia Wilmerding and Donna Krasnow
IADMS ebook ISBN 9781492585817 / 9781492580294 Paperback
9781492515814

Safe Dance Practice by Edel Quin and Soniq Rafferty
ISBN 9781450496452 ebook ISBN 9781492584865/
9781492513520 / 9781492579342

Dance Anatomy by Jacqui Greene Haas ISBN 9781492545170
ebook ISBN 9781492581055